



IT'S ALL ABOUT THE BASE

ANTIPASTI

OLIVES & TARALLI Ⓥ	
Mediterranean olives and savoury biscuit snacks	3.95
GARLIC BREAD Ⓥ	5.95
With cheese add £1.50 Ⓥ	
BRUSCHETTA Ⓥ	
Homemade toasted bread with cherry tomatoes, garlic, basil, extra virgin olive oil	5.95
WARM BURRATINA GF Ⓝ	
Creamy mozzarella wrapped in Parma ham, with mixed leaves, basil pesto and balsamic glaze	8.50

CAPRESE Ⓥ GF Ⓝ	
Buffalo mozzarella with fresh tomatoes, basil pesto and balsamic	8.50
Add "San Daniele" Parma ham £1.50	
ANTIPASTO DOUGH SPECIAL (GF optional) Ⓝ	
A mix of Italian cheeses and cured meats, with roasted vegetables, sun-dried tomatoes and olives. Served with freshly-baked bread and basil pesto. Great to share	12.95
Gluten-free option add £3	

PUCCE A freshly baked sandwich from the south of Italy

CAPRI Ⓥ Ⓝ	
Tomato, buffalo mozzarella, basil pesto	9.95
SORRENTO Ⓥ	
Fior di latte mozzarella, grilled vegetables (yellow peppers, aubergines, courgettes) and rocket	9.95
LECCE	
San Daniele Parma ham, mozzarella, rocket, tomato	9.95

MAINS All mains are served with a mixed leaf salad

LASAGNA BOLOGNESE	
Layered pasta with Bolognese and tomato sauce, mozzarella and grana padano	13.50
PARMIGIANA GF Ⓥ	
Layers of fried aubergine baked with tomato sauce, mozzarella and basil	11.00
CANNELLONI Ⓥ	
Cannelloni pasta with a creamy spinach and ricotta filling, baked in tomato sauce with mozzarella	13.50

SIDES

ROAST POTATOES	3.50
MIXED SALAD	3.50
BABY SPINACH SALAD Ⓝ	
with sesame seeds and walnuts	3.50

SALAD BOWLS

TUNA SALAD GF	
Mixed leaves, rocket, cherry tomatoes, Kalamata olives, Callipo yellowfin tuna chunks, balsamic glaze	9.95
BEETROOT SALAD GF Ⓥ Ⓝ	
Baby spinach, heirloom tomatoes, green pitted olives, feta, beetroot, walnuts, basil pesto	9.95

KIDS' MENU

PIZZA MARGHERITA / PIZZA WITH HAM with apple or orange juice and ice cream	7
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GF: GLUTEN-FREE, V: VEGETARIAN, Ⓥ: VEGAN, Ⓝ: Nuts

All of our dough is dairy-free. For allergies or intolerances, please ask a member of the team.
Please note, a discretionary 10% service charge will be added.



IT'S ALL ABOUT THE BASE

PIZZA MENU

CHOOSE YOUR BASE:



KAMUT
2

Slightly sweet, nutty and buttery in flavour. With more protein, amino acids, vitamins and minerals than modern wheat, Kamut also contains less gluten and is well-known for its antioxidant qualities.



TURMERIC
1.50

Gently warming and aromatic in flavour, with notes of ginger and orange. One of the most powerful plants on the planet, turmeric is revered for its anti-inflammatory and detoxifying qualities, with the potential to improve everything from cognitive process to blood sugar balance, kidney function and more.



MULTIGRAIN
1.80

Nutty in flavour, and made up of seven different flours and seeds, this dough is rich in fibre, vitamins, protein and minerals and comes with extra crunch.



HEMP
1.50

Nutty in both texture and flavour, eco-friendly hemp is surprisingly good for you. The hemp seed is bursting with Omega-3 and Omega-6, essential fatty acids that have heart health and anti-inflammatory benefits, among others.



GRANO ARSO
2

Smoky, nutty flavour. Associated with the 'cucina povera' of the 18th and 19th century, Grano Arso translates as burnt grain. The earthy, toasty flavour is gently reminiscent of the burnt edges of pizza or bread.



SOURDOUGH
THE CLASSIC

Our classic sourdough uses only certified grain, incorporates whole grain flour and takes 48-72 hours to make, ensuring it's light and easily digestible.



GLUTEN-FREE
3



GLUTEN-FREE
TURMERIC
3.30



GLUTEN-FREE
SEAWEED
3.50

Savoury and salty in flavour. Seaweed is the superfood that reduces our rate of fat absorption while also being rich in iodine, protein and vitamins A-C.



GLUTEN-FREE
HEMP
3.30



GLUTEN-FREE
PURPLE CORN
3.30

Lighter in flavour than yellow corn, purple corn is a vibrant, free-from antioxidant powerhouse, full of vitamins and minerals associated with lowering blood pressure to improving eye and kidney health.

THE TRADITIONALS

MARINARA (no cheese) V

Tomato sauce, garlic, oregano 8.50

MARGHERITA V

Tomato sauce, mozzarella, basil 9.95

NAPOLETANA (no cheese)

Tomato sauce, anchovies, capers, black olives 11.95

HAM & MUSHROOM

Tomato sauce, mozzarella, Italian ham, mushrooms, parsley, garlic oil 12.95

PEPPERONI CALABRESI

Tomato sauce, mozzarella, Italian pepperoni, peppers, `nduja 12.95

VEGETARIANA V

Tomato sauce, mozzarella, aubergine, courgette, grilled peppers, onion, rocket, cherry tomatoes, sun-dried tomatoes 13.50

MEDITERRANEAN

Tomato sauce, mozzarella, tuna, capers, olives, cherry tomatoes, oregano, basil 12.95

LE FREAK (no tomato sauce)

Mozzarella, Parma ham, rocket, grana cheese, cherry tomatoes 12.95

QUATTRO FORMACCI (no tomato sauce) V

Mozzarella, gorgonzola, smoked mozzarella, grana padano 12.95

QUATTRO STAGIONI

Tomato sauce, mozzarella, ham, mushrooms, artichokes, olives 13.95

MEATY FEAST

Tomato sauce, mozzarella, Italian pepperoni, Italian sausage, pancetta, onion 14.95

PIZZA PARCEL (no tomato sauce) V

A square parcel filled with vegan cheese, aubergine, courgette, peppers, olives 13.50

CALZONE

Folded pizza with tomato sauce, mozzarella, ham, mushrooms, egg yolk. Served with a small mixed salad 13.50

POKER PIZZA

Star shaped pizza with chef's selection of four toppings, dressed with a mixed salad. Great to share as a starter or a main 13.95

THE SPECIALS

RICOTTA & SPINACI (no tomato sauce) V

'Fior di latte' mozzarella, spinach, ricotta, sun-dried tomatoes and 'Leccino' black olives
Based on our Hemp dough 14.95

SMOKEY

Tomato sauce, mozzarella, speck, smoked mozzarella, rosemary
Based on our Grano Arso dough 15.50

FRUTTI DI MARE

Yellow tomato sauce, mozzarella, squid, mussels, prawns
Based on our Hemp dough 15.95

V FOR VEGAN (no tomato sauce) V

Vegan cheese, beetroot carpaccio, capers, courgette and rocket
Based on our Kamut dough 15.95

LA VICINA (no tomato sauce)

Mozzarella, caramelised onion, courgette, prawns, feta, chives, rocket, cherry tomatoes
Based on our Grano Arso dough 15.95

`A MORTAZZA N

Yellow tomato sauce, 'Fior di latte' and buffalo mozzarella, mortadella, pistachios, artichokes
Based on our Multigrain dough 16.50

LA GINA (no tomato sauce) N

'Fior di latte' mozzarella, caramelised onion, crispy speck, olive pâté, ricotta, pistachios, parmesan disc
Based on our Turmeric dough 16.50

PARTIGIANA

'Fior di latte' mozzarella, tomato sauce, aubergine, Italian sausage, `nduja, cherry tomatoes and parmesan cheese
Based on our Turmeric dough 15.95

A MONTA

'Fior di latte' mozzarella, yellow tomato sauce, ham, roast potatoes, gorgonzola cheese, artichokes
Based on our multigrain dough 16.50

EXTRA TOPPINGS

Smoked mozzarella 1.95
Buffalo mozzarella 1.95
Any extra toppings between £1-2

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